## COASTAL RAMBLE: LLANMADOC – RHOSSILI



## A challenging walk around the cliffs of north Gower and along spectacular Rhossili beach

A walk along the section of the Coast Path as it follows the western edge of the Gowerpeninsula, dominated by spectacular beach scenery — Whiteford Sands, Broughton Bay and the famous Rhossili Beach, edging as it does the beautiful Rhossili Downs.

## The Walk in detail

The Coast Path doesn't come through Llanmadoc as it detours some way to the north and west via Whiteford Point. To join the Coast Path, alight at the bus terminus (GR 439934) and walk up the hill towards the church for 200 metres, turning right into a cul-de-sac and passing through a gate at Cwm Ivy; continue on to the first junction, now on the Coast Path and continue on to a cart track with Cwm Ivy Tor on your left to a second junction. You go straight on to a fairly steep path through minor woodland to a viewpoint point on Hills Tor. From here, a grass path continues close to the coast, veering a little inland to Broughton Burrows.

On the left is a footpath to Lagadranta Farm where refreshments are available in season. The grass path continues into a holiday park and, half way in, turns sharp right and heads to the coast on a boardwalk through dunes. The boardwalk from here to the coast at Burry Holms is easy walking and passes the beautiful and secluded Blue Pool (right). At Burry Holms, the path turns abruptly left and descends to the coast at the top end of Rhossili beach.

Proceed along the beach for 1.5kms turning inland just beyond Diles Lake (signposting not good here) into Hill End Holiday Park. Then head to the main gate and turn right on to a footpath following the contour along the edge of Rhossili Down, with fine views of the beach. Continue directly above the beach, passing the old vicarage (right) before ascending steeply towards Rhossili village.

The path reaches the main road near the church and just 100 metres away from the bus terminus (GR 416880). You may wish to walk further down into the village itself for food, drink and the National Trust Visitor Centre, before catching your bus back to Swansea.

## **Useful Information**

Start point: Llanmadoc Green (GR 439934)

**End point:** Rhossili (GR 416880)

Map: O.S. Explorer 164 or Landranger 159

**Distance:** 10.5 kilometres

**Time:** 4 - 4½ hours

**Terrain:** Easy to moderate with some steep sections

**Refreshments:** Llanmadoc

Hill End Rhossili

Toilets: Hill End

Rhossili

**Trains:** Swansea 23 kilometres

Bus stops: Llanmadoc

Rhossili

Parking: Llanmadoc

Rhossili (charged)

Bus no 115 runs between Llanmadoc and Rhossili

**Buses:** Outward: 116 or 119\* from Swansea

Return: 114, 118 or 119 to Swansea

\*change bus at Llanrhidian Cross

Tickets: Gower Day Rider for day's unlimited travel (adult, 16 & under & family

options available).